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## FUN DAY FOR DISABILITY

**Bethlehem Child and Family Welfare** in partnership with The Action Group for Disability recently hosted a fun day event which was very successful. The Action Group for Disability is one of the initiatives of Bethlehem Child and Family Welfare. It was time for Bethlehem Child and Family Welfare to stop working alone, it realised the need to work as a team in tackling the issues of people living with disabilities in the greater Bethlehem area. The Action Group for Disability aims to work in collaboration with all the organisations that work with disability, providing inclusive services to the community of living with disabilities, awareness campaigns, a sports club and education about different disabilities to the community at large.



People who form part of this initiative are as follows:

*Ms N Dlamini - Bethlehem Child and Family Welfare, Ms L. E De Coning - Salileni, Ms P. Mokoena - Motshepuwa, Ms N. Nhlapho - Bethlehem Child and Family Welfare, Mr T. Mofokeng - Dihlabeng Municipality, Ms D. Mzolo - the Department of Social Development, Mr M. Nhlapho - Rainbow Disability Organisation, Mr J. Theunissen, a volunteer, Mr P. Theunissen, a volunteer (living with a disability), Ms L. Sebotsa - Phidising Bana, Mr K. Maloka - Rainbow Disability Organisation, and Ms B. Mokoena - Rainbow Disability.*



The idea of having a fun day was mainly to experience joy while creating a working relationship amongst all the stakeholders. The event was a success as everyone who participated indeed enjoyed themselves. The people who contributed towards the success of this day were the following donors: Telkom staff, Buthelezi EMS, CTK, Dihlabeng Municipality, Attie's Butchery, Cool Foods, Frontier Inn and Casino, Tehilah Day Care, Jabulani Day Care, The Anchor, and Mr J. Theunissen. The donors provided the food, venue, entertainment, decorations and first aid.

# PREVENTING DRUG AND ALCOHOL ABUSE – WHY DO WE START AT SCHOOLS?

The drug problem in South Africa is extremely serious, with drug usage reported as being at twice the world norm. Over 15% of our population has a drug problem.

According to Patrizia Scalone from Metapsychetc, substance abuse can simply be defined as a pattern of harmful use of any substance for mood-altering purposes that gives rise to both physical and psychological dependence. "Dependence results in mental, emotional, biological or physical, social and economic instability. The effects of substance abuse on an individual form the basis of its increasing effects on society. This is a major danger of substance abuse," she explains.

Studies show that people who start drinking before the age of 15 are four times more likely to become alcoholics. School children who use alcohol or drugs are three times more likely to get involved in violent crimes. Frighteningly, the average age of drug dependency in South Africa is 12 years old and dropping. "We need to warn our youth about drug use and encourage them to stand strong against peer and adult pressure," says Peter Jordan, Principal Officer of Fedhealth.

Early use of drugs increases a person's chances of developing an addiction. Remember, drugs change brains—and this can lead to addiction and other serious problems. So, preventing early use of drugs or alcohol may go a long way in reducing these risks. If we can prevent young people from experimenting with drugs, we can prevent drug addiction.

## DVD LIBRARY

Apart from visiting schools on drug and alcohol prevention BETHLEHEM CHILD & FAMILY WELFARE also have available a library of DVDs on the effect, awareness and prevention of drugs and their use.

Churches, schools, youth clubs, Bible study groups, sports clubs and parents are again invited to come to our office and utilise these DVDs to create awareness amongst our children about the dangers of this evil.

Voortrekker Secondary School is a school utilising our library.

The cost is a minimal of R10 per DVD per day.

60 Titles are available. Some titles are:

LSD – GAME OVER; MARIJUANA –

WHY AND HOW TO SAY NO;

INHALANTS – METHAMPHETAMINE;

THE CRYSTAL CAGE - ALCOHOL AND SMOKING



# DIE PLEEGSORG FUNKSIE

Pleegouers speel 'n **belangrike rol** in die lewens van sorgbehoewende kinders en families. Hoewel 'n pleegouer se primêre taak is om 'n kind tydelik te versorg, behels dit **veel meer**.

Daar word van pleegouers verwag om te **voldoen** aan die Staatswette en die Welsynsorganisasie se vereistes, asook om belangrike **inligting** oor die kind aan die pleegsorgtoesigwerker te kommunikeer. Pleegouerskap beteken ook om in **vennootskap** te wees met die biologiese familie en die organisasie, asook om die kind te **ondersteun** tydens die plasing. Pleegouers is verantwoordelik vir die voorsiening in die kind se **basiese behoeftes** en vir die kind se **inskakeling** in die gesin. Soos die kind se biologiese ouers se omstandighede verbeter / saak vorder, kan dit ook behels dat die pleegouers die kind moet **voorberei** vir hereniging met sy eie ouers.

Pleegouers kry ook die geleentheid om **waardevolle** inligting rakende die kind oor te dra aan die pleegsorgtoesigwerker en om deel te neem aan **besluitneming** rakende die kind. Aangesien pleegouers op 'n voltydse basis die versorging van die kind behartig, is hulle dikwels die **belangrikste bron** van inligting oor hoe 'n kind aanpas by die skeiding van sy ouers, die interaksie met ander kinders, en sy vordering op skool.

**DIE UITEINDELIKE OOGMERK VAN PLEEGSORG** is om **hereniging te bewerkstellig** met die pleegkind se biologiese gesin. Hereniging sal plaasvind wanneer die kind se familie **genoegsame** aanpassing en veranderinge **aangebring** het om voldoende bewys aan die kinderhof te kan lewer, dat hulle veilige en 'behoefte vervullende' sorg aan die kind kan bied.

Wanneer daar na hereniging gewerk word, is **vroeë en gereelde kontak** tussen die kind in pleegsorg en hul ouers, broers en susters, en die uitgebreide familie **noodsaaklik**. Die toesighoudende maatskaplike werkers, sit dan 'n 'Familieplan' uiteen van hoe en wanneer kinders kontak met hul families, insluitend enige broers en susters wat nie in dieselfde pleeghuis is nie, sal hê.

Selfs al stem pleegouers **nie saam** met 'n bepaalde besluit van die organisasie nie, is dit steeds nodig om die organisasie se plan vir die kind te volg. As pleegouers ernstige kommer het oor die biologiese ouers se **vermoë** om veilige sorg vir die kind te voorsien, moet hulle die organisasie bewus maak daarvan. Pleegouers het ook die **reg en verantwoordelikheid** om inligting aan die organisasie te verskaf oor die kind, die kind se vordering, en enige bekommernisse wat hulle mag hê oor die kind. **Dit is die maatskaplike werker** se verantwoordelikheid om probleme met die biologiese ouers **op te neem en te hanteer**, nie die taak van die pleegouers nie.

**Onthou altyd** dat die belangrikste deel van pleegsorg is **dat die kind se beste belange voorgelê moet word!**

February 15, 2012 by Helouise Steenkamp

**Indien enige persoon belang stel om as**

**pleegouers op te tree kan u skakel met Louie**

**Steyn of Etrese De Klerk by Tel 058-3034701**





# Education vs soccer practice at Tshepong Ya Rona CYCC

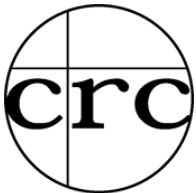
Currently 7 boys and 1 girl are residing at Tshepong Ya Rona Child and Youth Care Centre. Most of the boys are keen soccer players! They form part of a soccer team in Morelig, called the Young Stars. Soccer practice usually takes place in the afternoons after school. As children are children, they would obviously rather like to attend soccer practice than to do their homework after school! One can just imagine the type of challenge this presented at the beginning of the year...

As we all know, education is of utmost importance for our children's futures! On the other hand, we also realise the importance of taking part in a team sport, which is good for any child's development. Therefore, a plan had to be made ...

The situation was discussed with the children's coach, Mr James Khunyeli, and it was agreed that the children could go to soccer practice after study in the afternoons. The rule now stands: NO STUDY, NO SOCCER. This works like a bomb! At least for now 😊

The staff of Tshepong Ya Rona Child and Youth Care Centre are now keen "cheerleaders" for our children when it comes to their education, as well as their sports participation, with education still as priority though. We hope to see our Young Stars shine in both their academics and sports during 2016.

Another big thanks to those individuals (**Nadine Knott, Annelie Venter, Cindy Thuynsma**) who donated money in order for us to buy soccer boots for the children.



## INVOLVEMENT WITH OUR CHILD AND YOUTH CARE CENTRE

Tshepong Ya Rona Child and Youth Care Centre extends a sincere word of thanks to Ms Mona Grobbelaar who has spent a lot of time with our children during the first term in order to assist them with their homework and other needs. Thank you also to Christian Revival Church, Bethlehem, who is donating bread to our children on a weekly basis. Your time, energy and other donations are greatly appreciated! You truly strengthen us in our goals and make our work a pleasure!



Helena Kotze, Beauty Makutoane, Bernadette van Tonder,

Ben Pretorius, Cilia Bird



Mona Bezuidenhout and her learners

# Thanks to all our donors of the past three months. We appreciate your involvement!

'n Spesiale woord van dank vir donasies van:

• Anonieme Dr	R 17 000
• Bethlehem Tafel Rondte 60	R 10 000
• Human Estate	R 13 069
• Mariska Spoelstra	R 5 000
• Oom Rassie Lourens	R 3 600
• Lingenfelder Makelaars	R 3 400
• PJ de Witt	R 3 000
• NG Kerk Bethlehem-Oos	R 1 420
• Doreen Pelser	R 1 200
• Johnny Eyberg	R 1 000
• NG Kerk Efrata	R 1 000
• Abdul Rasheed Qudus	R 1 000
• Lerato Mofokeng	R 600



Dankie ook aan elke ander gewaardeerde donateur. Elke sent wat u bydra maak dit vir ons moontlik om 'n beter diens te lewer. Die lys is 'n wonderlike 3 bladsye lank en ons publikasieruimte te min!

Donateurs van goedere en kos se bydrae word ook opreg waardeer. Elkeen van u het 'n persoonlike bedanking ontvang.

Remember, a donation to us can have huge Tax benefits for you. We are able to issue a Section 18A Tax certificate which you can use as a deduction from your taxable income.

Banking Particulars:

Bethlehem Child and Family Welfare

Nedbank Bethlehem - current account

Account no 1101098813

Branch Code - 110133

For any enquiries about our services, please contact:

Deon Erwee

058-3030222

ksorgbhm@xsinet.co.za

**You can also complete the attached Debit order for a monthly contribution : even R30 pm will help**

Please visit our webpage <http://www.bcfw.org.za/> or our Facebook page

<https://www.facebook.com/pages/Bethlehem-Child-Family-Welfare/163802390343064?ref=hl>



## NEW HORIZON SCHOOL AND LEARNERS' SUMMER HARVEST DONATION



A VERY SPECIAL THANKS TO THE NEW HOTIZON SCHOOL AND ITS LEARNERS FOR DONATING THEIR SUMMER HARVEST TO OUR TSHEPONG YA RONA CHILD AND YOUTH CARE CENTRE.

WE APPRECIATE YOUR INVOLVEMENT WITH US FOR A SECOND CONSECUTIVE YEAR!

ALL THE FOOD WAS A HUGE BLESSING IN A TIME WHEN OUR FUNDS WERE DEPLETED.



*The stack of food donated by learners of New Horizon School to the children at our shelter.*



Thank you to PG ALUMINIUM Bethlehem for assisting us with the transport of all the food from New Horizon to our premises.